



HARPENDEN

BRITISH MARTIAL ARTS
& BOXING ASSOCIATION

KARATE CENTRE

**KARATE PROMOTES SELF- DISCIPLINE, DEDICATION & DETERMINATION
MARTIALS ARTS INSPIRES AND BUILDS RESILIENCE IN YOUNG CHILDREN**



**TRADITIONAL MARTIAL ARTS, COMPETITION & FITNESS TRAINING.
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MARTIAL ARTS TRAINING CAN ENHANCE LISTENING, MEMORY & MOTOR SKILLS.**



MAPLE PRIMARY SCHOOL- ST ALBANS

TUESDAY SEPT 10th 3.15- 4.15 to TUES DEC 3rd (Y1 & Y2)

FRIDAY SEPT 13th 3.15 - 4.15 to FRI DEC 6th (Y3- Y6)

The term fee is £85. Call 07973 692664

www.harpendenkaratecentre.co.uk

Independent Traditional Goju- Ryu & Sports Karate Club. BMABA members, Safeguarding, DBS, 1st Aid.